



WHAT IS CONSIDERED OUTSIDE METRO VANCOUVER?

Residing outside of Metro Vancouver” generally means living outside the geographic boundaries of the Metro Vancouver Regional District.

Areas inside Metro Vancouver (NOT considered “outside”)

If someone lives in any of these municipalities, they are considered within Metro Vancouver:

- **Burnaby**
- **Vancouver**
- **Surrey**
- **Richmond**
- **Coquitlam / Port Coquitlam / Port Moody**
- **New Westminister**
- **Delta**
- **North Vancouver (City & District)**
- **West Vancouver**
- **Maple Ridge / Pitt Meadows**
- **Langley (City & Township)**
- **White Rock**
- **Bowen Island, Lions Bay, Anmore, Belcarra**

AREAS OUTSIDE METRO VANCOUVER

If someone lives in any of the following (or beyond), they are considered residing outside Metro Vancouver:

- **Cities in the Fraser Valley Regional District (e.g., Abbotsford, Chilliwack, Mission)**
- **Squamish or Whistler**
- **Vancouver Island (e.g., Victoria, Nanaimo)**
- **Interior BC (e.g., Kelowna, Kamloops)**
- **Anywhere else in Canada or internationally**